

Silver Spoon Classic



February 5
2005

DEEP RIVER
ONTARIO

Annual
Cross-
Country
Ski-Fest

33rd

33rd Silver Spoon Classic Schedule of Events Saturday, February 5, 2005

Event A Silver Spoon CLASSIC RACE

- Starting at 11:00 a.m.
- St. Mary's School, Highway 17, Deep River
- Deadline for entries: January 28, 2004

Event B Silver Spoon BUFFET

- The Bear's Den Motel, Highway 17
- Doors Open 5.30 pm, Buffet 6:00-8:00 pm
- Cost: Adults: \$16, Children 6-10 years: \$10
Kids 5 & Under eat free
- **Tickets must be purchased in advance:**
 - on the SS entry form
 - PharmaPlus

Handicap Races

Handicap times will be based on previous performances. Newcomers will be assessed a handicap based on the following information:

How long have you X-C skied? _____ years

Have you ever raced before? _____

If so, give distance and best time:

Silver Spoon Ski races are Classic Style only:

NO SKATING

For racing categories, age is as of **December 31, 2004.**

DEADLINE FOR ENTRIES: JANUARY 28, 2005

Waiver

I hereby release the Silver Spoon Ski-Fest Committee, the sponsoring Associations, its members or agents, any person officially connected with this Ski-Fest, and all owners of land used in this Ski-Fest, from all liability for any injuries or damages whatsoever arising from my participation in, or presence at, this Ski-Fest. I am aware of the risk involved of possible injury to myself inherent in this type of activity.

*Signed _____

*If under 18 years, must be counter-signed by parent or legal guardian:

HAVE YOU SIGNED YOUR WAIVER?

33rd Silver Spoon Classic Entry Form Information

Cat #	CATEGORY	DISTANCE	AGE (As of Dec. 31/04)	RACE FEES	General Information
1	Mighty Midget Boys/Girls	1.5 km	8, 9	\$7.00	Racing begins at 11:00 a.m. from St. Mary's School, Highway 17 East Deep River For Start Times Visit The SS Website at http://Bright-Ideas-Software.com/silverspoon/ *Handicap Events Open to both Men and Women For Less Competitive Skiers **Entry open up to 2 hours prior to event start
2	Mighty Midget Boys/Girls	1.5 km	6, 7	\$7.00	
3	Mighty Mites Boys/Girls	0.5 km	5 & under	\$7.00	
4	Midget Boys/Girls	3.5 km	12, 13	\$14.00	
5	Mini Midget Boys/Girls	3.5 km	10, 11	\$14.00	
6	Juvenile Boys	6.0 km	14, 15	\$14.00	
7	Juvenile Girls	6.0 km	14, 15	\$14.00	
8	Junior Girls	6.0 km	16, 17	\$14.00	
9	Junior Boys	10 km	16, 17	\$14.00	
10	Junior Men	15 km	18, 19	\$14.00	
11	Senior Men	15 km	20-29	\$14.00	
12	Masters Men I	15 km	30-39	\$14.00	
13	Masters Men II	15 km	40-49	\$14.00	
14	Masters Men III	15 km	50-59	\$14.00	
15	Masters Men IV	15 km	60+	\$14.00	
16	Junior Women	10 km	18, 19	\$14.00	
17	Senior Women	10 km	20-29	\$14.00	
18	Masters Women I	10 km	30-39	\$14.00	
19	Masters Women II	10 km	40-49	\$14.00	
20	Masters Women III	10 km	50+	\$14.00	
21	10 km Open	10 km	Open	\$14.00	
22	Masters Women IV	6 km	50+	\$14.00	
23	Handicap Open Event*	8 km	18 & above	\$14.00	
24	Handicap Open Event*	3.5 km	18 & above	\$14.00	
25	Participation Mass Start**	1.5 km	Open	\$7.00	

Entry Forms

Please complete the attached form and sign the waiver on reverse. Entry fees must accompany registration forms, with cheques or money orders made payable to:

Silver Spoon Ski-Fest
 c/o Ann Serdula, Race Secretary
 236 Thomas St., P.O. Box 2126
 DEEP RIVER, Ont. KOJ 1P0

Accommodations

The Bear's Den Hotel 584-9795
 Imperial Motel 584-4356
 Deep River Motel 584-2743
 Pines Motel 584-3381
 Valley Ventures B&B 584-2577
 Shemron Suites 584-1100

Location

Deep River is on the Ottawa River, 200 kms NW of Ottawa and 180 km SE of North Bay, on Highway 17.

Eligibility

Races are open to all skiers. Ages as of December 31, 2004 for race categories.

ENTRY FORM: **Please note: NO Telephone Entries will be accepted**

DEADLINE FOR ENTRIES: **January 28, 2005**

Please print and put in your full mailing address - results will be mailed to you

SURNAME _____ FIRST NAME _____ CATEGORY # _____ MALE/FEMALE _____
 CLUB _____ DATE OF BIRTH _____ AGE (As of Dec.31/04) _____ CATEGORY NAME _____
 HOME ADDRESS _____
 Street P.O. Box City/Town Postal Code
 PHONE NUMBERS: Home _____ Work _____

PLEASE SIGN WAIVER ON REVERSE

EVENT A Silver Spoon Race: TOTAL ENTRY FEE ENCLOSED \$ _____

EVENT B Buffet: I will require _____ tickets at \$16.00 (Adults) & _____ tickets at \$10 (Children 6-10 years)

ENTRY & Dinner Tickets Fees MUST ACCOMPANY THIS FORM: **Cheque or money orders payable to: Silver Spoon Ski Fest, c/o Ann Serdula P.O. Box 2126, 236 Thomas St., Deep River, Ontario, KOJ 1P0**
HAVE YOU ENCLOSED YOUR ENTRY FEE?