

**39<sup>th</sup> Annual Cross-Country Ski-Fest**  
**Deep River, Ontario**  
**February 5 – 6, 2011**  
**Silver Spoon Classic Entry Form Information**

**Schedule of Events and Fees**

**Saturday Feb. 5, 2011: St. Mary's School**

**A. 11:00 AM - Classic Ski Races**

Categories 1, 2 & 3 → \$15,

Categories 4 to 26 → \$30

NOTE: There is a transaction fee for On-line registration. See next page.

**Entry deadline:** Wed. Feb. 2, 2011

On-line registration: Thurs. Feb. 3, 2011

**B. 1:00 PM - Participation Mass Start Race**

Category 27 → \$15

**Entry deadline:** 11 AM Sat. Feb. 5, 2011

**C. 1:45 PM - Ski-Skating Knock-Out Sprint**

Category 28 → \$15

**Entry deadline:** Wed. Feb. 2, 2011

On-line registration: Thurs. Feb. 3, 2011

**D. Silver Spoon Buffet, Bear's Den Motel**

Doors open 5:30 PM, Buffet 6 – 8 PM

Adults \$24, Children 6 –10 yrs \$15

Children 5 & under eat free

Purchase tickets: With entry form or at

**Monica's Pantry 584-3866 (beside LCBO)**

**Entry Deadline:** Wed. Feb 2, 2011

**Sunday Feb. 6, 2011: DRXC Chalet**

**E. 10:30 AM – ORIENTEERING**

→ Ski events (open technique):

Long (9.4 km)

Medium (6.5 km)

Short (3.6 km)

→ Snowshoe event (60 minute course)

Visit Ottawa Orienteering website at <http://ottawaoc.ca> for details.

**Orienteering Entry fees:**

- \$8/adult and \$5/child (12&under)

**Entry deadline:** Wed. Feb. 2, 2011

after Feb. 2, 2011: \$10/adult and \$6/child

Registration and payment must be made with entry form (or by morning of the event)

*Ottawa Orienteering Club waiver must be completed prior to the event.*

**NOTE:** Orienteering MAPS can only be guaranteed for participants registered and paid by Feb 4, 2011. Orienteering Contact: John McKay 584-4975, [mckay@magma.ca](mailto:mckay@magma.ca)

Cat #	CATEGORY	Distance	Age on Dec. 31/10
1	Atom Boys/Girls	1.5 km	8, 9
2	Novice Boys/Girls	1.5 km	6, 7
3	Mites Boys/Girls	0.5 km	5 & under
4	Midget Boys	3.5 km	13, 14
5	Midget Girls	3.5 km	12, 13
6	Pee Wee Boys	3.5 km	10, 11, 12
7	Pee Wee Girls	3.5 km	10, 11
8	Juvenile Boys	6 km	15
9	Juvenile Girls	6 km	14, 15
10	Junior Girls	6 km	16, 17
11	Junior Boys	12 km	16, 17
12	Junior Men	15 km	18, 19
13	Senior Men	15 km	20-29
14	Masters Men I	15 km	30-39
15	Masters Men II	15 km	40-49
16	Masters Men III	15 km	50-59
17	Masters Men IV	15 km	60+
18	Junior Women	12 km	18, 19
19	Senior Women	12 km	20-29
20	Masters Women I	12 km	30-39
21	Masters Women II	12 km	40-49
22	Masters Women III	12 km	50+
23	10 km Open	12 km	Open
24	Masters Women IV	6 km	50+
25	Handicap Open Event*	8 km	18 & above
26	Handicap Open Event*	3.5 km	18 & above
27	Participation Mass Start	1.5 km	Open
28	Skating Knock –out Sprint (male/female)	700 m	Kids (13 & under) Jr (18 & under) Sr (19 & up)

- Handicap Events are for less competitive skiers (male & female). Handicap times are based on previous performance.
- **Newcomers** please fill in relevant information on entry form.

Results of the race will be posted shortly after the end of the race at <http://www.sportstats.ca/>

**LOCATION:** Deep River, ON (Hwy 17, 200 km NW of Ottawa & 180 KM SE of North Bay)  
**ACCOMMODATIONS:** see <http://www.deepriver.ca/businesses/businesses.htm>  
**START TIMES:** for events A, B, C, visit <http://www.silverspoonskifest.com>  
 ➤ Start sheets will also be posted at St. Mary's school on race day  
**AWARD CEREMONY (events A and C):** St. Mary's School CAFETERIA beginning at approximately 3:30 PM.

Please read waiver at <http://silverspoonskifest.com/waiver.2011.pdf> and note acceptance.  
 Please use this form for mail-in entries, or deliver to 10 Tweedsmuir Pl. It must be received by Wednesday Feb. 2, 2011.  
 You may also enter on-line up to Thursday, Feb. 3, 2011, but note that there is a transaction charge for on-line entries based on the transaction amount processed, e.g., \$3.00+HST for \$30 entry, i.e. total fee \$33.39, and \$2.50+HST for \$15 entry, i.e. total fee \$17.83).  
 To enter on-line please go to <http://www.eventsonline.ca/>

Print out and complete this entry form. Entry fees and Buffet Ticket Fees must accompany form.  
 Cheque or money order payable to: Silver Spoon Ski Fest.  
 Mail to: Silver Spoon Race Secretary  
 P.O. Box 999,  
 Deep River, ON, K0J 1P0  
 Urgent inquiries: 613-584-9882 or 584-2238 (race secretary) or 613-584-2127 (chief organizer)

SURNAME \_\_\_\_\_ GIVEN NAME \_\_\_\_\_  MALE  FEMALE

CLUB \_\_\_\_\_ Date of Birth (M-D-Y) \_\_\_\_\_ AGE (As of Dec.31/10) \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_  
 Street & No.. P.O. Box City/Town Province Postal Code

PHONE: Home \_\_\_\_\_ Other \_\_\_\_\_

EMAIL address: for future notification. \_\_\_\_\_

Check events entered FEE

A. Cat. # \_\_\_\_\_ Category Name \_\_\_\_\_ \$ \_\_\_\_\_

B. Cat. # 27 Participation Mass Start \$ \_\_\_\_\_

C. Cat. # 28 Ski-Skating Knock-Out Sprint \$ \_\_\_\_\_

D. Buffet \_\_\_\_\_ Adults @ \$24 \_\_\_\_\_ Children (age 6-10) @ \$15 \$ \_\_\_\_\_

E. Orienteering:  Long  Medium  Short  Snowshoe \$ \_\_\_\_\_

Total Fee \$ \_\_\_\_\_

I have read and understood the waiver at <http://silverspoonskifest.com/waiver.2011.pdf> and I agree with it.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or guardian must sign for each skier under 19 years of age.

**Newcomers** to Handicap (Cat. 25, 26), please fill in the following. Number of years X-C skied \_\_\_\_\_.  
 If you have any previous race experience, give distance \_\_\_\_\_ km and time \_\_\_\_\_ min.