# 36th Silver Spoon Classic

## **Schedule of Events**

### Event A - Silver Spoon CLASSIC RACE Sat, Feb 9

- Start: 11:00 a.m.
- St. Mary's School, Highway 17, Deep River
- Deadline for entries: February 1, 2008
- Classic style only, except skating knock-out sprint (NEW – see website for details)

# Event B - Silver Spoon BUFFET Sat, Feb 9

- The Bear's Den Motel, Highway 17
- Doors Open 5.30 pm, Buffet 6:00-8:00 pm
- Cost: Adults: \$18, Children 6-10 years: \$13
   Kids 5 & Under eat free
- Tickets must be purchased in advance: -with this entry form or at the Loons Nest

### Event C - ORIENTEERING Sun, Feb 10

- •Start: 10:30 am; DRXC Chalet, Balmer Bay Road, Deep River
- •See http://ottawaoc.ca for entry information.
- •Open technique for skiing; 60 minute snowshoe category (NEW 2008)

#### **Handicap Races**

Handicap times will be based on previous performances. Newcomers will be assessed a handicap based on the following information:

How long have you X-C skied? \_\_\_\_\_ years

Have you ever raced before? \_\_\_\_\_

If so, give distance and best time:

For racing categories, age is as of **December 31, 2007**.

DEADLINE FOR ENTRIES: FEBRUARY 1, 2008

#### Waiver

I hereby release the Silver Spoon Ski-Fest Committee, the sponsoring Associations, its members or agents, any person officially connected with this Ski-Fest, and all owners of land used in this Ski-Fest, from all liability for any injuries or damages whatsoever arising from my participation in, or presence at, this Ski-Fest. I am aware of the risk involved of possible injury to myself inherent in this type of activity.

\*Signed\_\_\_\_\_

\*If under 18 years, must be counter-signed by parent or legal guardian:

PLEASE SIGN WAIVER

# 36<sup>th</sup> Silver Spoon Classic Entry Form Information

Cat #	CATEGORY	DISTANCE	AGE (As of Dec. 31/07)	RACE FEES	General Information
1	Mighty Midget Boys/Girls	1.5 km	8, 9	\$7.00	
2	Mighty Midget Boys/Girls	1.5 km	6, 7	\$7.00	Racing begins at 11:00 a.m. from St. Mary's
3	Mighty Mites Boys/Girls	0.5 km	5 & under	\$7.00	School, Highway 17 East
4	Midget Boys/Girls	3.5 km	12, 13	\$14.00	Deep River
5	Mini Midget Boys/Girls	3.5 km	10, 11	\$14.00	_
6	Juvenile Boys	6.0 km	14, 15	\$14.00	
7	Juvenile Girls	6.0 km	14, 15	\$14.00	
8	Junior Girls	6.0 km	16, 17	\$14.00	
9	Junior Boys	10 km	16, 17	\$14.00	
10	Junior Men	15 km	18, 19	\$14.00	For Start Times Visit
11	Senior Men	15 km	20-29	\$14.00	The SS Website at
12	Masters Men I	15 km	30-39	\$14.00	http://Bright-Ideas-
13	Masters Men II	15 km	40-49	\$14.00	Software.com/silverspoon/
14	Masters Men III	15 km	50-59	\$14.00	
15	Masters Men IV	15 km	60+	\$14.00	
16	Junior Women	10 km	18, 19	\$14.00	
17	Senior Women	10 km	20-29	\$14.00	
18	Masters Women I	10 km	30-39	\$14.00	
19	Masters Women II	10 km	40-49	\$14.00	*Handicap Events
20	Masters Women III	10 km	50+	\$14.00	Open to both Men and Women
21	10 km Open	10 km	Open	\$14.00	For Less Competitive Skiers
22	Masters Women IV	6 km	50+	\$14.00	
23	Handicap Open Event*	8 km	18 & above	\$14.00	
24	Handicap Open Event*	3.5 km	18 & above	\$14.00	**Entry open up to 2 hours prior to event start
25	Participation Mass Start**	1.5 km	Open	\$7.00	***NEW category 2008
26	Skating Knock –out Sprint	1.5 km	Jr (18 & under)	\$7.00	
	(male/female)***		Sr (19 & up)		

**Entry Forms** Please complete the attached form and sign the waiver on reverse. Entry fees must accompany registration forms.

<u>Orienteering</u> (Sun., Feb 10): Long (9.4km), medium (6.5 km) and short (3.6 km) ski, and 60 minute snowshoe courses offered. Visit Ottawa Orienteering website at http://ottawaoc.ca for details.

#### Orienteering Entry fees:

Feb 1, 2008 or earlier: \$8/adult, \$5/child (12&under) After Feb 1, 2008: \$10/adult, \$6/child (12&under)

Registration and payment must be made with this form or by the morning of the event (contact M. Cameron, 613-584-2127). The Ottawa Orienteering Club waiver must be completed prior to the event. **NOTE:** Ski Orienteering MAPS can only be guaranteed for participants who have registered and paid by Feb 8, 2008.

#### **Accommodations**

The Bear's Den Hotel	613-584-9795		
Deep River Motel	613-584-2743		
Pines Motel	613-584-3381		
Valley Ventures	613-584-2577		
Shemron Suites	613-584-1100		

**Location** Deep River is on the Ottawa River, 200 kms NW of Ottawa and 180 km SE of North Bay, on Hwy 17.

<u>Event A Start Sheets</u>: Start sheets are posted at St. Mary's on race day, or visit the SS website at http://bright-ideas-software.com/silverspoon close to race date.

**Event A Prizes:** All race prizes will be awarded in St. Mary's School Gym, beginning at about 3:30 p.m.

Entry Form	Please note: NO Telepho	ne Entries	DEADLINE FOR EVENT A E	NTRIES: <b>February 1, 2008</b>					
SURNAME	FIRS	ST NAME	EVENT A Category	# MALE/FEMALE					
CLUB/SCHOOL	Date of Birth(M-D-Y)		<b>AGE</b> (As of Dec.31/07)	EVENT A Category Name					
HOME ADDRESS	Street & No	P.O. Box	City/Town	Postal Code					
PHONE: Home Work EVENT C Category (Long, medium, short, snowshoe)									
EMAIL: Is it acceptable to email the race results and future entry forms? Circle Y or N. Email address:									
<u>EVENT A</u> Silver Spoon Race: TOTAL ENTRY FEE ENCLOSED \$ x child + x adult = \$									
EVENT B Buffet:	I will require	_tickets at \$18.00	(Adults) & tickets at \$	C13 (Children 6-10 years)					
CNTDV @ Dinner Tieke	+ Face Much Accompany Tue Fo	DM. Choque o	r manay ardara nayahla ta	Silver Speen Ski Fest					

ENTRY & Dinner Ticket Fees MUST ACCOMPANY THIS FORM: Cheque or money orders payable to: Silver Spoon Ski Fest,
P.O. Box 999, Deep River, Ontario, KOJ 1PO
PLEASE SIGN WAIVER ON REVERSE
HAVE YOU ENCLOSED YOUR ENTRY FEE?