## NEW for 2008! Knock-out Sprint Skating Race

## 1. Categories:

- a. Junior Males (18 and under)
- b. Junior Females (18 and under)
- c. Senior Males (19 and above)
- d. Senior Females (19 and above)

## 2. Race description

- a. Distance: 1.5km loop (all on the Deep River Golf Course)
- Start time: Approximately 1:30pm (please refer to starting sheet as posted for race day or on-line at <u>http://bright-ideas-</u> <u>software.com/silverspoon/</u>; racers who wish to compete in both the classical and skating events may have enough time to do so)
- c. Type of race
  - i. Mass start format. The number of skiers per mass start will be determined based on the number of entrants (estimated 4 to 6 skiers/start); start position will be randomly drawn
  - ii. The top 2 to 3 skiers will move onto the next heat within their category (dependant on the number of entrants)
    - \*\* Please note: skiers may be required to race several times until the category has been narrowed down to the top 4 to 6 skiers for the final heat\*\*
  - iii. Small rest breaks will be provided between heats as other categories complete their races

Feedback following this new event will be accepted, and welcomed, to improve the event for 2009.