

Silver Spoon Classic

35th

Annual
Cross-
Country
Ski-Fest

DEEP RIVER
ONTARIO

February 3 - 4

2007



Information and Entry Form

New! Ski Orienteering Event

Feb 4, 2007

35th Silver Spoon Classic Schedule of Events

Event A - Silver Spoon CLASSIC RACE

Sat, Feb 3

- Starting at 11:00 a.m.
- St. Mary's School, Highway 17, Deep River
- Deadline for entries: January 26, 2007
- Classic style only – No skating

Event B - Silver Spoon BUFFET

Sat, Feb 3

- The Bear's Den Motel, Highway 17
- Doors Open 5.30 pm, Buffet 6:00-8:00 pm
- Cost: Adults: \$18, Children 6-10 years: \$11
Kids 5 & Under eat free
- **Tickets must be purchased in advance:**
-on the SS entry form or at the Loons Nest

Event C - SKI ORIENTEERING

Sun, Feb 4

- Starting at 10:30 am
- DRXC Chalet, Balmer Bay Road, Deep River
- See <http://ottawaoc.ca> for entry information.
- Open technique

Handicap Races

Handicap times will be based on previous performances.
Newcomers will be assessed a handicap based on the following information:

How long have you X-C skied? _____ years

Have you ever raced before? _____

If so, give distance and best time:

For racing categories, age is as of **December 31, 2006.**

DEADLINE FOR ENTRIES: JANUARY 26, 2007

Waiver

I hereby release the Silver Spoon Ski-Fest Committee, the sponsoring Associations, its members or agents, any person officially connected with this Ski-Fest, and all owners of land used in this Ski-Fest, from all liability for any injuries or damages whatsoever arising from my participation in, or presence at, this Ski-Fest. I am aware of the risk involved of possible injury to myself inherent in this type of activity.

*Signed _____

*If under 18 years, must be counter-signed by parent or legal guardian:

HAVE YOU SIGNED YOUR WAIVER?

35th Silver Spoon Classic Entry Form Information

Cat #	CATEGORY	DISTANCE	AGE (As of Dec. 31/06)	RACE FEES	General Information
1	Mighty Midget Boys/Girls	1.5 km	8, 9	\$7.00	Racing begins at 11:00 a.m. from St. Mary's School, Highway 17 East Deep River For Start Times Visit The SS Website at http://Bright-Ideas-Software.com/silverspoon/ *Handicap Events Open to both Men and Women For Less Competitive Skiers **Entry open up to 2 hours prior to event start
2	Mighty Midget Boys/Girls	1.5 km	6, 7	\$7.00	
3	Mighty Mites Boys/Girls	0.5 km	5 & under	\$7.00	
4	Midget Boys/Girls	3.5 km	12, 13	\$14.00	
5	Mini Midget Boys/Girls	3.5 km	10, 11	\$14.00	
6	Juvenile Boys	6.0 km	14, 15	\$14.00	
7	Juvenile Girls	6.0 km	14, 15	\$14.00	
8	Junior Girls	6.0 km	16, 17	\$14.00	
9	Junior Boys	10 km	16, 17	\$14.00	
10	Junior Men	15 km	18, 19	\$14.00	
11	Senior Men	15 km	20-29	\$14.00	
12	Masters Men I	15 km	30-39	\$14.00	
13	Masters Men II	15 km	40-49	\$14.00	
14	Masters Men III	15 km	50-59	\$14.00	
15	Masters Men IV	15 km	60+	\$14.00	
16	Junior Women	10 km	18, 19	\$14.00	
17	Senior Women	10 km	20-29	\$14.00	
18	Masters Women I	10 km	30-39	\$14.00	
19	Masters Women II	10 km	40-49	\$14.00	
20	Masters Women III	10 km	50+	\$14.00	
21	10 km Open	10 km	Open	\$14.00	
22	Masters Women IV	6 km	50+	\$14.00	
23	Handicap Open Event*	8 km	18 & above	\$14.00	
24	Handicap Open Event*	3.5 km	18 & above	\$14.00	
25	Participation Mass Start**	1.5 km	Open	\$7.00	

Entry Forms Please complete the attached form and sign the waiver on reverse. Entry fees must accompany registration forms.

Eligibility Races are open to all skiers. Ages as of Dec. 31, 2006.

Ski Orienteering (Sunday, Feb 4): Long, medium and short courses offered (~9km, 6km and 3 km). Visit the Ottawa Orienteering website at <http://ottawaoc.ca> for details.

Ski Orienteering Entry fees are:

Jan 26, 2007 or earlier: \$8/adult, \$5/child (12&under)

After Jan 26, 2007: \$10/adult, \$6/child (12&under)

Registration and payment must be made with this form or by the morning of the event (contact A. Eyvindson, 613-584-9281). The Ottawa Orienteering Club waiver must be completed prior to the event.

NOTE: Ski Orienteering MAPS can only be guaranteed for participants who have registered and paid by Feb 2, 2007.

Accommodations

The Bear's Den Hotel	613-584-9795
Deep River Motel	613-584-2743
Pines Motel	613-584-3381
Valley Ventures B&B	613-584-2577
Shemron Suites	613-584-1100

Location Deep River is on the Ottawa River, 200 kms NW of Ottawa and 180 km SE of North Bay, on Highway 17.

Event A Start Sheets: Start sheets are posted at St. Mary's on race day, or visit the SS website at <http://bright-ideas-software.com/silverspoon> close to race date.

Event A Prizes: All race prizes will be awarded in St. Mary's School Gym, beginning at about 3:30 p.m.

Entry Form

Please note: **NO Telephone Entries** DEADLINE FOR EVENT A ENTRIES: **January 26, 2007**

SURNAME _____ FIRST NAME _____ EVENT A CATEGORY # _____ MALE/FEMALE _____

CLUB _____ DATE OF BIRTH _____ AGE (As of Dec.31/06) _____ EVENT A CATEGORY NAME _____

HOME ADDRESS _____
 Street P.O. Box City/Town Postal Code

PHONE NUMBERS: Home _____ Work _____ EVENT C CATEGORY (Long, medium, short) _____

EMAIL: Is it acceptable to email the race results and future entry forms? Circle Y or N. Email address: _____

EVENT A Silver Spoon Race: TOTAL ENTRY FEE ENCLOSED \$ _____ **EVENT C Ski Orienteering:** _____ x child + _____ x adult = \$ _____

EVENT B Buffet: I will require _____ tickets at \$18.00 (Adults) & _____ tickets at \$11 (Children 6-10 years)

ENTRY & Dinner Ticket Fees MUST ACCOMPANY THIS FORM: **Cheque or money orders payable to: Silver Spoon Ski Fest, P.O. Box 999, Deep River, Ontario, KOJ 1P0**

PLEASE SIGN WAIVER ON REVERSE

HAVE YOU ENCLOSED YOUR ENTRY FEE?