32nd Silver Spoon Classic Schedule of Events Saturday, February 7, 2004

Event A Silver Spoon CLASSIC RACE

- Starting at 11:00 a.m.
- St. Mary's School, Highway 17, Deep River
- Deadline for entries: January 30, 2004

Event B Silver Spoon BUFFET

- The Bear's Den Motel, Highway 17
- Doors Open 5.30 pm, Buffet 6:00-8:00 pm
- Cost: Adults: \$15, Children 6-10 years: \$10
 Kids 5 & Under eat free
- Tickets must be purchased in advance:
 - -on the SS entry form
 - -Snider's Pharmasave

Handicap Races

Handicap times will be based on previous performances. Newcomers will be assessed a handicap based on the following information:

How long have you X-C skied? _____ years

Have you ever raced before? _____

If so, give distance and best time:

Silver Spoon Ski races are Classic Style only:

NO SKATING

For racing categories, age is as of **December 31, 2003**.

DEADLINE FOR ENTRIES: JANUARY 30, 2004

Waiver

I hereby release the Silver Spoon Ski-Fest Committee, the sponsoring Associations, its members or agents, any person officially connected with this Ski-Fest, and all owners of land used in this Ski-Fest, from all liability for any injuries or damages whatsoever arising from my participation in, or presence at, this Ski-Fest. I am aware of the risk involved of possible injury to myself inherent in this type of activity.

*Signed_____

*If under 18 years, must be counter-signed by parent or legal guardian:

HAVE YOU SIGNED YOUR WAIVER?

32nd Silver Spoon Classic

Entry Form Information

Cat #	CATEGORY	DISTANCE	AGE (As of Dec. 31/02)	RACE FEES	General Information
1	Mighty Midget Boys/Girls	1.5 km	8, 9	\$7.00	
2	Mighty Midget Boys/Girls	1.5 km	6, 7	\$7.00	Racing begins at 11:00 a.m. from St. Mary's
3	Mighty Mites Boys/Girls	0.5 km	5 & under	\$7.00	School, Highway 17 east
4	Midget Boys/Girls	3.5 km	12, 13	\$14.00	Deep River
5	Mini Midget Boys/Girls	3.5 km	10, 11	\$14.00	
6	Juvenile Boys	6.0 km	14, 15	\$14.00	
7	Juvenile Girls	6.0 km	14, 15	\$14.00	
8	Junior Girls	6.0 km	16, 17	\$14.00	
9	Junior Boys	10 km	16, 17	\$14.00	
10	Junior Men	15 km	18, 19	\$14.00	For Start Times Visit
11	Senior Men	15 km	20-29	\$14.00	The SS Website at
12	Masters Men I	15 km	30-39	\$14.00	http://Bright-Ideas-
13	Masters Men II	15 km	40-49	\$14.00	Software.com/silverspoon/
14	Masters Men III	15 km	50-59	\$14.00	
15	Masters Men IV	15 km	60+	\$14.00	
16	Junior Women	10 km	18, 19	\$14.00	
17	Senior Women	10 km	20-29	\$14.00	
18	Masters Women I	10 km	30-39	\$14.00	
19	Masters Women II	10 km	40-49	\$14.00	
20	10 km Open	10 km	Open	\$14.00	*Handicap Events
21	Masters Women III	10 km	50+	\$14.00	Open to both Men and Women
22	Masters Women IV	6 km	50+	\$14.00	For Less Competitive Skiers
23	Handicap Open Event*	8 km	18 & above	\$14.00	
24	Handicap Open Event*	3.5 km	18 & above	\$14.00	
25	Participation Mass Start**	1.5 km	Open	\$7.00	**Entry open up to 2 hours prior to event start

Entry Forms

Please complete the attached form and sign the waiver on reverse. Entry fees must accompany registration forms, with cheques or money orders made payable to:

> Silver Spoon Ski-Fest c/o Ann Serdula, Race Secretary 236 Thomas St., P.O. Box 2126 DEEP RIVER, Ont. KOJ 1PO

Eligibility

Races are open to all skiers. Ages as of December 31, 2003 for race categories.

ENTRY FORM: Please note: NO Telephone Entries will be accepted

Accommodations

The Bear's Den Hotel	584-9795		
Imperial Motel	584-4356		
Deep River Motel	584-2743		
Pines Motel	584-3381		
Valley Ventures B&B	584-2577		
Shemron Suites	584-1100		

Location

Deep River is on the Ottawa River, 200 kms NW of Ottawa and 180 km SE of North Bay, on Highway 17.

<u>**Babysitting**</u> may be available. Contact 584-3033 by January 30th.

DEADLINE FOR ENTRIES: January 30, 2004

Please print and put in your full mailing address - results will be mailed to you

	SURNAME			FIRST NAME	CATEGORY #	MALE/FEMALE	
	CLUBDATE OF BIRTH			AGE (As of Dec.31/03)	CATEGORY	CATEGORY NAME	
	HOME ADDRESS_						
		Street	P.O. Box	City/Town	Postal	Code	
	PHONE NUMBERS	: Home	Work .		PLEASE SIGN	WAIVER ON REVERSE	
EVE	NTA Silver S	poon Race	e: TOTAL ENTRY FEE	ENCLOSED \$			
EVE	NTB Buffet:	1.	will require	tickets at \$15.00 (Adults) &	tickets at \$10 (Children	n 6-10 vears)	