

Article for NRT – Wed Feb 5th issue

Silver Spoon Very Soon

Caution: Watch out for fast skiers crossing roads in East Side Deep River on February 8!

Trail preps are well underway, the marshals are trained, and Mother Nature is smiling upon us with a fantastic weather forecast.

Enjoy cross-country skiing? It's not too late to sign up for the Silver Spoon ski events this coming Saturday February 8. Most of the classic skiing events have a deadline of Wednesday February 5 at midnight, so hurry! Registration forms are available (1) at the DRXC chalet on Balmer Bay Road, or (2) from the Silver Spoon website www.bright-ideas-software.com/silverspoon/. Registration can also be done online, through www.eventsonline.ca (search under Silver Spoon).

Late entries are accepted until 10:00 am on race day for: all Open events (4.5 km, 9 km, and 11 km), the Participation Mass Start event (1.5 km), and all Skate events (400 m, 700 m).

Not a skier? Come watch the start-line action at St Mary's School, between 11 am and 3 pm on Saturday. The ski-skate knock-out events start around 1:45 pm – these fast races are held on a short course and are exciting to watch.

Get your Bear's Den buffet tickets for the popular evening meal either through registration or from the Olive Tree in Deep River, by February 5.

Questions? Contact the Chief of Race Helena Rummens at 613-584-4321.