

Registration Open for Silver Spoon 2015

The tradition continues with the Silver Spoon Ski Fest now in its 43rd year. Held this winter on Saturday February 7, it features both classic Nordic (cross-country) ski races and exciting sprint ski-skating races. And for those determined not to race, there's the 1.5 km Participation Mass Start event for all ages from tots to grandparents.

It's a thrill for both competitive and recreational skiers. And whether racer or volunteer, everyone benefits from the fresh air, beautiful forest, and camaraderie.

The Silver Spoon is part of the National Capital District race circuit, which attracts many keen skiers from clubs in the Ottawa area. To balance this, the Silver Spoon Committee would love to see lots of local participation.

Registration is now open for Silver Spoon 2015. The entry form can be downloaded from the Silver Spoon website www.bright-ideas-software.com/silverspoon/. Entry forms are also available at the DRXC chalet on Balmer's Bay Road. Paper forms can be mailed (P.O. Box 999, Deep River) or hand-delivered (255 Thomas Street, Deep River) to the Race Secretary Anne Murphy by Wednesday February 4. Registration can be done more conveniently online for a small processing fee at www.eventsonline.ca – search with key words "Silver Spoon".

A delicious roast beef buffet with desserts will be served at the Bear's Den in the evening of February 7, followed by a special awards ceremony. Tickets are available through registration, or from The Olive Tree shop in Deep River. Adult buffet tickets are \$28, Children ages 6 to 12 are \$16, Children 5 and under are free. The deadline for tickets is also Wednesday February 4.

Not a skier? Join the enthusiastic party of race volunteers by contacting Coordinator Diane Davis at 584-3033. Questions? Contact the Chief of Race Helena Rummens at 584-4321.