

**46th ANNUAL SILVER SPOON SKI FEST
2018 January 27, Deep River, Ontario**

RACE RESULTS

CLASSIC CHAMPIONS – MEN		CLASSIC CHAMPIONS – WOMEN
<p>Silver Spoon: Karl Saidla</p> <p>Local Yokel: Guillaume Pelchat</p> <p>MASTERS MEN 15 km I – Steve Livingstone II – Karl Saidla III – John Westdal IV – Ed Delaplante V – Walter Benz</p> <p>SENIOR MEN 15 km (no entries)</p> <p>JUNIOR MEN 15 km Guillaume Pelchat</p> <p>JUNIOR BOYS 11 km Theo Mallett</p> <p>JUVENILE BOYS 7 km (no entries)</p> <p>MIDGET BOYS 4.5 km Thomas Trudel</p> <p>PEEWEE BOYS 4.5 km Derek Strachan</p> <p>MIGHTY MITE BOYS 1.5 km Oscar Bereznai</p> <p>ATOM BOYS 1.5 km Quinn Samm</p> <p>MITES BOYS 0.5 km Elliot Milgram</p>		<p align="center">OPEN (random draw for prizes) 11 km – Larry Norman 7 km – Justin Blimkie 4.5 km – Dave Ross</p> <p align="center">SKATING KNOCKOUT SPRINT CHAMPIONS</p> <p>16+ OPEN PURSUIT Daniel Mallett</p> <p>MIDGET GIRLS 400 m Julia Ivanowski</p> <p>MIDGET BOYS 400 m Thomas Trudel</p> <p>PEEWEE GIRLS 400 m Alexia Gauthier</p> <p>PEEWEE BOYS 400 m Mackenzie Samm</p>

RACE CONDITIONS

Weather: Partly sunny

Temperature: 0 to +6°C (big warm-up overnight)

HOLLO AWARD – Lois Fitzpatrick

EIKREM AWARD – Norm Spinks

WATSON AWARD – Darryll Laroche & Dave Beeching

HINDS FAMILY AWARD – Chiasson (Ted, Kathryn, Xavier, Kai)

MEMORABLE MOMENTS AWARD – Road Crossing Crew

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Category #1 - Mites Boys (5 & under) - 0.5 km (actual distance of 0.5 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Elliot Milgram	Kanata Nordic	4	00:05:16.0	10:31	MITES BOYS
2	Henry Burse	Pembroke Nordic	1	00:08:43.5	17:26	MITES BOYS

Category #1 - Mites Girls (5 & under) - 0.5 km (actual distance of 0.5 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Leena Saidla	XC Ottawa	2	00:08:45.0	17:29	MITES GIRLS
2	Madeleine Stoeger	Chelsea Nordiq (QC)	3	00:13:01.7	26:03	MITES GIRLS

Category #2 – Mighty Mite Boys (ages 8-9) - 1.5 km (actual distance of 1.5 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Oscar Bereznai	Nakkertok Nordic (ON)	7	00:06:39.2	4:26	MIGHTYMITES BOYS
2	Oscar Brun Del Re	Chelsea Nordiq (QC)	5	00:06:45.3	4:30	MIGHTYMITES BOYS
3	Lluc Bou	Nakkertok Nordic (ON)	24	00:06:46.9	4:31	MIGHTYMITES BOYS
4	Evan Rebane	Nakkertok Nordic (ON)	6	00:07:07.4	4:44	MIGHTYMITES BOYS
5	Cordon Hawkes	Nakkertok Nordic (ON)	11	00:07:10.0	4:46	MIGHTYMITES BOYS
6	Nicolas-Tam Audette	Skinouk (QC)	21	00:07:16.8	4:51	MIGHTYMITES BOYS
7	George Nor	Nakkertok Nordic (ON)	22	00:07:16.8	4:51	MIGHTYMITES BOYS
8	Axel Kolodziej	Chelsea Nordiq (QC)	8	00:07:25.4	4:56	MIGHTYMITES BOYS
9	Kai Samm	Chelsea Nordiq (QC)	13	00:07:26.6	4:57	MIGHTYMITES BOYS
10	Simon Campbell Nowlan	Nakkertok Nordic (ON)	25	00:07:40.3	5:06	MIGHTYMITES BOYS
11	Marc-Antoine Daoust	Skinouk (QC)	17	00:07:43.4	5:08	MIGHTYMITES BOYS
12	Nathaniel Storer	Nakkertok Nordic (ON)	12	00:08:21.2	5:34	MIGHTYMITES BOYS
13	Samuel Bundle	Chelsea Nordiq (QC)	18	00:08:46.2	5:50	MIGHTYMITES BOYS
14	William Trotter	DRXC	9	00:09:02.9	6:01	MIGHTYMITES BOYS
15	Adam Schlosser	Nakkertok Nordic (ON)	27	00:09:22.1	6:14	MIGHTYMITES BOYS
16	Duncan Baird	Nakkertok Nordic (ON)	29	00:09:36.5	6:24	MIGHTYMITES BOYS
17	Andrei Hovorka	Nakkertok Nordic (ON)	26	00:10:11.4	6:47	MIGHTYMITES BOYS
18	Aiden Unger	Nakkertok Nordique (QC)	36	00:10:32.0	7:01	MIGHTYMITES BOYS
19	Isaac Milgram	Kanata Nordic	37	00:14:10.6	9:27	MIGHTYMITES BOYS

Category #2 – Mighty Mite Girls (ages 8-9) - 1.5 km (actual distance of 1.5 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Gracelynn Howitt-Audet	Chelsea Nordiq (QC)	15	00:07:50.7	5:13	MIGHTYMITES GIRLS
2	Ella Semeniuk	Nakkertok Nordic (ON)	33	00:07:52.9	5:15	MIGHTYMITES GIRLS
3	Anais Gauthier	Skinouk (QC)	16	00:07:54.0	5:15	MIGHTYMITES GIRLS
4	Megan Strachan	Nakkertok Nordic (ON)	10	00:07:57.2	5:18	MIGHTYMITES GIRLS
5	Marilou Lyonnais	Skinouk (QC)	23	00:08:01.6	5:21	MIGHTYMITES GIRLS
6	Brigit Thomas	Nakkertok Nordic (ON)	14	00:08:09.2	5:26	MIGHTYMITES GIRLS
7	Lea De Broeck	Skinouk (QC)	31	00:08:18.6	5:32	MIGHTYMITES GIRLS
8	Mia Brun Del Re	Chelsea Nordiq (QC)	19	00:09:14.6	6:09	MIGHTYMITES GIRLS
9	Fiona Quinn-Crook	Nakkertok Nordic (ON)	30	00:09:30.4	6:20	MIGHTYMITES GIRLS
10	Madeleine Young	Nakkertok Nordique (QC)	32	00:09:46.7	6:31	MIGHTYMITES GIRLS

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11	Kira Smith	Nakkertok Nordic (ON)	34	00:10:31.1	7:00	MIGHTYMITES GIRLS
12	Heidi Daniels	Nakkertok Nordic (ON)	20	00:10:41.8	7:07	MIGHTYMITES GIRLS
13	Hannah Nor	Nakkertok Nordic (ON)	28	00:11:32.5	7:41	MIGHTYMITES GIRLS

Category #3 - Atom Boys (ages 6-7) - 1.5 km (actual distance of 1.5 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Quinn Samm	Chelsea Nordiq (QC)	38	00:10:07.4	6:44	ATOM BOYS
2	Adrian Trotter	DRXC	39	00:12:08.4	8:05	ATOM BOYS
3	Arlo Baird	Nakkertok Nordic (ON)	45	00:13:28.2	8:58	ATOM BOYS
4	Warren Hopkins	DRXC	49	00:13:55.9	9:17	ATOM BOYS
5	Avery Young	Nakkertok Nordique (QC)	47	00:14:11.6	9:27	ATOM BOYS

Category #3 - Atom Girls (ages 6-7) - 1.5 km (actual distance of 1.5 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Josephine Brooks	Nakkertok Nordic (ON)	46	00:12:07.2	8:04	ATOM GIRLS
2	Chloe Dustin	Nakkertok Nordic (ON)	41	00:12:42.2	8:28	ATOM GIRLS
3	Nika Wallner	Nakkertok Nordic (ON)	42	00:12:59.1	8:39	ATOM GIRLS
4	Norah Parker	Nakkertok Nordic (ON)	43	00:13:06.6	8:44	ATOM GIRLS
5	Jane Schlosser	Nakkertok Nordique (QC)	48	00:13:58.6	9:19	ATOM GIRLS
6	Gabriela Bereznai	Nakkertok Nordic (ON)	40	00:15:56.9	10:37	ATOM GIRLS
7	Zoe Bundle	Chelsea Nordiq (QC)	44	00:16:14.6	10:49	ATOM GIRLS

Category #4 - Midget Boys (ages 12-13) - 4.5 km (actual distance of 4.53 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Thomas Trudel	Chelsea Nordiq (QC)	64	00:14:35.7	3:13	MIDGET BOYS
2	Owen Brooks	Nakkertok Nordic (ON)	52	00:15:00.1	3:18	MIDGET BOYS
3	Skylar Samm	Chelsea Nordiq (QC)	60	00:15:13.7	3:21	MIDGET BOYS
4	Thomas Fairhead	Nakkertok Nordic (ON)	55	00:15:18.2	3:22	MIDGET BOYS
5	Ry Prior	Chelsea Nordiq (QC)	53	00:15:19.1	3:22	MIDGET BOYS
6	Jeremy Strachan	Nakkertok Nordic (ON)	54	00:15:19.7	3:23	MIDGET BOYS
7	Alexander Woodford	Nakkertok Nordic (ON)	50	00:15:35.4	3:26	MIDGET BOYS
8	Patrick Harrington	Nakkertok Nordic (ON)	57	00:15:53.9	3:30	MIDGET BOYS
9	Oliver Picard	Chelsea Nordiq (QC)	59	00:16:00.7	3:32	MIDGET BOYS
10	Seamus Williams	Nakkertok Nordique (QC)	58	00:16:12.5	3:34	MIDGET BOYS
11	Niklas Kolodziej	Chelsea Nordiq (QC)	62	00:16:16.4	3:35	MIDGET BOYS
12	Felix Blouin	Chelsea Nordiq (QC)	63	00:16:23.4	3:37	MIDGET BOYS
13	Antoine Gauthier	Skinouk (QC)	51	00:16:38.8	3:40	MIDGET BOYS
14	Zari Hoferek	Nakkertok Nordic (ON)	68	00:16:40.7	3:40	MIDGET BOYS
15	Liam McDonald	Pembroke Nordic	66	00:18:03.0	3:59	MIDGET BOYS
16	Saer Edwards	Nakkertok Nordique (QC)	239	00:18:15.2	4:01	MIDGET BOYS
17	Elrik Johnston	Skinouk (QC)	61	00:18:24.1	4:03	MIDGET BOYS
18	Neil Sutherland	Chelsea Nordiq (QC)	65	00:18:55.8	4:10	MIDGET BOYS
19	Evan Hovorka	Nakkertok Nordic (ON)	67	00:19:51.9	4:23	MIDGET BOYS
20	Jean-Nicolas De Broeck	Skinouk (QC)	56	00:20:13.6	4:27	MIDGET BOYS

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Category #5 - Midget Girls (ages 12-13) - 4.5 km (actual distance of 4.53 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Isabelle Haag	Skinouk (QC)	71	00:15:50.3	3:29	MIDGET GIRLS
2	Anna Semeniuk	Nakkertok Nordic (ON)	72	00:16:05.5	3:33	MIDGET GIRLS
3	Annika Hess	Nakkertok Nordic (ON)	75	00:16:32.9	3:39	MIDGET GIRLS
4	Amalia Tinmouth	Nakkertok Nordic (ON)	76	00:16:33.1	3:39	MIDGET GIRLS
5	Clara Hegan	Nakkertok Nordic (ON)	74	00:16:33.3	3:39	MIDGET GIRLS
6	Julia Przednowek	Chelsea Nordiq (QC)	70	00:16:40.3	3:40	MIDGET GIRLS
7	Victoria Audet	Chelsea Nordiq (QC)	77	00:17:07.5	3:46	MIDGET GIRLS
8	Beatrice Fortin	Skinouk (QC)	69	00:17:21.1	3:49	MIDGET GIRLS
9	Julia Iwanowski	Chelsea Nordiq (QC)	78	00:17:49.9	3:56	MIDGET GIRLS
10	Camilla Bowman	Nakkertok Nordic (ON)	83	00:18:07.0	3:59	MIDGET GIRLS
11	Marisa Iwanowski	Chelsea Nordiq (QC)	73	00:18:12.0	4:01	MIDGET GIRLS
12	Kaia Rebane	Nakkertok Nordic (ON)	82	00:18:24.4	4:03	MIDGET GIRLS
13	Jemima Saravanamuttoo	Nakkertok Nordic (ON)	91	00:19:12.4	4:14	MIDGET GIRLS
14	Sydney Douglas-Grant	Chelsea Nordiq (QC)	81	00:19:24.8	4:17	MIDGET GIRLS
15	Marieke Westeinde	Chelsea Nordiq (QC)	90	00:19:39.6	4:20	MIDGET GIRLS
16	Rosalie Vigneron	Kanata Nordic	87	00:20:05.3	4:26	MIDGET GIRLS
17	Sarah Norman	Nakkertok Nordic (ON)	80	00:20:19.5	4:29	MIDGET GIRLS
18	Anna Beedell	Nakkertok Nordic (ON)	84	00:20:29.3	4:31	MIDGET GIRLS
19	Kaia Thomas	Nakkertok Nordic (ON)	85	00:20:34.3	4:32	MIDGET GIRLS
20	Jamie Hopkins	DRXC	86	00:23:39.6	5:13	MIDGET GIRLS
21	Alaina Dunn	Kanata Nordic	89	00:24:56.5	5:30	MIDGET GIRLS
22	Emma Warner	Kanata Nordic	92	00:28:22.7	6:15	MIDGET GIRLS

Category #6 - Pee Wee Boys (ages 10-11) - 4.5 km (actual distance of 4.53 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Derek Strachan	Nakkertok Nordic (ON)	93	00:16:59.1	3:44	PEE WEE BOYS
2	Mackenzie Samm	Chelsea Nordiq (QC)	96	00:17:13.4	3:48	PEE WEE BOYS
3	Thomas Fortin	Skinouk (QC)	94	00:18:51.5	4:09	PEE WEE BOYS
4	William Beedell	Nakkertok Nordic (ON)	97	00:19:01.5	4:11	PEE WEE BOYS
5	Hugh Stratford	Nakkertok Nordic (ON)	102	00:19:50.5	4:22	PEE WEE BOYS
6	Robin Daniels	Nakkertok Nordic (ON)	98	00:19:51.0	4:22	PEE WEE BOYS
7	Kiefer Melinz Dupuis	Nakkertok Nordic (ON)	99	00:20:04.8	4:25	PEE WEE BOYS
8	Pierce Lindsay	Nakkertok Nordic (ON)	95	00:20:30.7	4:31	PEE WEE BOYS
9	Merrick Weselak	Nakkertok Nordic (ON)	108	00:20:43.6	4:34	PEE WEE BOYS
10	Isaac Fantin	Chelsea Nordiq (QC)	101	00:21:31.8	4:45	PEE WEE BOYS
11	Cole Norman	Nakkertok Nordic (ON)	110	00:21:52.7	4:49	PEE WEE BOYS
12	Gavin Sutherland	Chelsea Nordiq (QC)	111	00:21:53.0	4:49	PEE WEE BOYS
13	William Fairhead	Nakkertok Nordic (ON)	100	00:22:22.6	4:56	PEE WEE BOYS
14	Thomas Storer	Nakkertok Nordic (ON)	103	00:22:37.6	4:59	PEE WEE BOYS
15	Henley Baird	Nakkertok Nordic (ON)	109	00:23:33.3	5:11	PEE WEE BOYS
16	Jacob Unger	Nakkertok Nordique (QC)	112	00:23:57.1	5:17	PEE WEE BOYS
17	Sacha Hess	Nakkertok Nordic (ON)	107	00:25:05.2	5:32	PEE WEE BOYS
18	Henry Bowman	Nakkertok Nordic (ON)	106	00:25:56.1	5:43	PEE WEE BOYS
19	Cameron Hopkins	DRXC	105	00:30:37.7	6:45	PEE WEE BOYS
20	Elliott Bowman	Nakkertok Nordic (ON)	104	00:36:09.8	7:58	PEE WEE BOYS

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Category #7 - Pee Wee Girls (ages 10-11) - 4.5 km (actual distance of 4.53 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Kaitlin Dustin	Nakkertok Nordic (ON)	123	00:18:22.5	4:03	PEE WEE GIRLS
2	Claire Allan	Nakkertok Nordic (ON)	117	00:18:33.7	4:05	PEE WEE GIRLS
3	Madeleine Fortin	Skinouk (QC)	114	00:19:00.6	4:11	PEE WEE GIRLS
4	Ciara Westdal	Nakkertok Nordic (ON)	118	00:19:16.1	4:15	PEE WEE GIRLS
5	Renee Hegan	Nakkertok Nordic (ON)	121	00:19:21.2	4:16	PEE WEE GIRLS
6	Addison Frank	Nakkertok Nordic (ON)	125	00:19:54.4	4:23	PEE WEE GIRLS
7	Brynn Tinmouth	Nakkertok Nordic (ON)	124	00:19:58.3	4:24	PEE WEE GIRLS
8	Mallory Jansen	Chelsea Nordiq (QC)	122	00:20:08.4	4:26	PEE WEE GIRLS
9	Jaime Harrington	Nakkertok Nordic (ON)	113	00:20:14.0	4:27	PEE WEE GIRLS
10	Josefine Bereznai	Nakkertok Nordic (ON)	120	00:20:28.0	4:31	PEE WEE GIRLS
11	Charlotte Brooks	Nakkertok Nordic (ON)	129	00:20:31.5	4:31	PEE WEE GIRLS
12	Ella Smith	Nakkertok Nordic (ON)	139	00:20:44.4	4:34	PEE WEE GIRLS
13	Frederica Heggtveit	Chelsea Nordiq (QC)	119	00:20:50.1	4:35	PEE WEE GIRLS
14	Caroline Haag	Skinouk (QC)	115	00:20:59.6	4:38	PEE WEE GIRLS
15	Elizabeth (Elsie) Hawkes	Nakkertok Nordic (ON)	130	00:21:05.0	4:39	PEE WEE GIRLS
16	Bronwyn Parker	Nakkertok Nordic (ON)	138	00:21:07.2	4:39	PEE WEE GIRLS
17	Alexia Gauthier	Skinouk (QC)	116	00:21:15.7	4:41	PEE WEE GIRLS
18	Nola Stojdl	Nakkertok Nordic (ON)	126	00:21:18.5	4:42	PEE WEE GIRLS
19	Jasmine Bessens	Nakkertok Nordic (ON)	128	00:21:25.9	4:43	PEE WEE GIRLS
20	Miina Wallner	Nakkertok Nordic (ON)	135	00:21:46.7	4:48	PEE WEE GIRLS
21	Simone Audet-Welke	Nakkertok Nordic (ON)	127	00:21:52.2	4:49	PEE WEE GIRLS
22	Eve-Luan Audette	Skinouk (QC)	134	00:22:34.1	4:58	PEE WEE GIRLS
23	Tessa Quinn-Crook	Nakkertok Nordic (ON)	133	00:22:34.5	4:59	PEE WEE GIRLS
24	Rachel Lambley	Kanata Nordic	131	00:22:58.4	5:04	PEE WEE GIRLS
25	Isla Young-Martin	Nakkertok Nordic (ON)	137	00:24:02.3	5:18	PEE WEE GIRLS
26	Rose Stratford	Nakkertok Nordic (ON)	132	00:24:04.0	5:18	PEE WEE GIRLS
27	Gwenyth Fantin	Chelsea Nordiq (QC)	136	00:24:32.9	5:25	PEE WEE GIRLS
28	Audrey Squires	Nakkertok Nordic (ON)	140	00:29:31.2	6:30	PEE WEE GIRLS

Category #8 - Juvenile Boys (age 14-15) - 7 km (actual distance of 7.23 km used in pace calculation)
(no entries)

Category #9 - Juvenile Girls (ages 14-15) - 7 km (actual distance of 7.23 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Saskia Heggtveit	Chelsea Nordiq (QC)	143	00:43:02.6	5:57	JUVENILE GIRLS

Category #10 - Junior Girls (ages 16-17) - 7 km (actual distance of 7.23 km used in pace calculation)
(no entries)

Category #11 - Junior Boys (ages 16-17) - 11 km

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Theo Mallett	Chelsea Nordiq (QC)	144	00:51:33.7	3:30**	JUNIOR BOYS

** actually did the 15 km course, so pace is calculated based on 14.74 km.

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Category #12 - Junior Men (ages 18-19) - 15 km (actual distance of 14.74 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Guillaume Pelchat	Pembroke Nordic	154	00:45:58.4	3:07	JUNIOR MEN
2	Raphael Guerout	Pembroke Nordic	156	00:51:11.6	3:28	JUNIOR MEN
3	Thomas Pelchat	Pembroke Nordic	155	00:51:11.7	3:28	JUNIOR MEN
4	Max Yannick Guerout	DRXC	151	00:53:53.1	3:39	JUNIOR MEN

Category #13 – Senior Men (ages 20-29) - 15 km (actual distance of 14.74 km used in pace calculation)
(no entries)

Category #14 - Masters Men I (ages 30-39) - 15 km (actual distance of 14.74 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Steve Livingstone	DRXC	183	01:07:46.9	4:35	MASTERS MEN I
2	Vichetr Lim	DRXC	184	01:19:08.2	5:22	MASTERS MEN I

Category #15 - Masters Men II (ages 40-49) - 15 km (actual distance of 14.74 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Karl Saidla	XC Ottawa	145	00:44:14.9	3:00	MASTERS MEN II
2	Patrick Audet	Chelsea Nordiq (QC)	147	00:48:45.9	3:18	MASTERS MEN II
3	Gabriel Blouin-Demers	Chelsea Nordiq (QC)	149	00:51:50.8	3:31	MASTERS MEN II
4	Stephen Daniels	Nakkertok Nordic (ON)	150	00:52:43.6	3:34	MASTERS MEN II
5	Todd Fairhead	Nakkertok Nordic (ON)	162	00:53:38.1	3:38	MASTERS MEN II
6	Larry Hegan	Nakkertok Nordic (ON)	165	00:54:09.8	3:40	MASTERS MEN II
7	Jean Pelchat	Pembroke Nordic	171	00:55:36.5	3:46	MASTERS MEN II
8	Kristjan Wallner	Nakkertok Nordic (ON)	188	00:55:38.2	3:46	MASTERS MEN II
9	Peter Tregunno	North Bay Nordic	159	00:56:22.3	3:49	MASTERS MEN II
10	Ben Bundle	Chelsea Nordiq (QC)	173	00:57:30.9	3:54	MASTERS MEN II
11	Craig Hawkes	Nakkertok Nordic (ON)	163	00:58:12.8	3:56	MASTERS MEN II
12	Jeffrey Strachan	Nakkertok Nordic (ON)	172	01:00:29.9	4:06	MASTERS MEN II
13	Peter Grant	Chelsea Nordiq (QC)	179	01:00:35.8	4:06	MASTERS MEN II
14	Steve Thomas	Nakkertok Nordic (ON)	175	01:03:55.5	4:20	MASTERS MEN II
15	Kevin McDonald	DRXC	180	01:07:37.5	4:35	MASTERS MEN II
16	Anthony Bereznai	Nakkertok Nordic (ON)	167	01:09:33.8	4:43	MASTERS MEN II
17	Mark Hovorka	Nakkertok Nordic (ON)	176	01:09:49.2	4:44	MASTERS MEN II
18	Jay Serdula	DRXC	193	01:37:15.6	6:35	MASTERS MEN II

Category #16 - Masters Men III (ages 50-59) - 15 km (actual distance of 14.74 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	John Westdal	Nakkertok Nordic (ON)	148	00:48:58.8	3:19	MASTERS MEN III
2	Daniel Mallett	XC Chelsea Masters	146	00:49:50.0	3:22	MASTERS MEN III
3	Tony Biernacki	PAXC	153	00:52:57.9	3:35	MASTERS MEN III
4	Mark Orzel	Kanata Nordic	160	00:53:48.2	3:39	MASTERS MEN III
5	Michael Woodford	Nakkertok Nordic (ON)	157	00:56:07.3	3:48	MASTERS MEN III
6	Mark Kulas	PAXC	158	00:56:38.7	3:50	MASTERS MEN III

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7	Tony Picard	Chelsea Nordiq (QC)	191	00:58:53.2	3:59	MASTERS MEN III
8	Paul Kadziora	(no club)	166	01:00:36.3	4:06	MASTERS MEN III
9	Pierre Trudel	Chelsea Nordiq (QC)	192	01:01:04.9	4:08	MASTERS MEN III
10	Marek Przednowek	Chelsea Nordiq (QC)	174	01:03:19.3	4:17	MASTERS MEN III
11	Alan Tinmouth	Nakkertok Nordic (ON)	187	01:05:00.2	4:24	MASTERS MEN III
12	Fabrice Guerout	DRXC	164	01:07:23.8	4:34	MASTERS MEN III
13	Joan Bou	Nakkertok Nordic (ON)	189	01:07:48.1	4:35	MASTERS MEN III
14	Neal Scott	(no club)	177	01:09:08.2	4:41	MASTERS MEN III
15	Aubrey Fletcher	DRXC / PAXC	185	01:15:48.6	5:08	MASTERS MEN III
	Zeba Crook	Nakkertok Nordic (ON)	190	DNF		MASTERS MEN III

Category #17 - Masters Men IV (ages 60-69) - 15 km (actual distance of 14.74 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Ed Delaplante	XC Chelsea Masters	169	00:52:56.6	3:35	MASTERS MEN IV
2	Greg Lutick	XC Chelsea Masters	152	00:55:49.9	3:47	MASTERS MEN IV
3	Perry Kirkey	Pembroke Nordic	161	00:57:13.6	3:52	MASTERS MEN IV
4	Dave Wall	(no club)	186	01:05:33.5	4:26	MASTERS MEN IV
5	Erik Hagberg	DRXC	181	01:10:26.3	4:46	MASTERS MEN IV
6	Detlef Hess	Nakkertok Nordic (ON)	178	01:13:16.5	4:58	MASTERS MEN IV

Category #18 - Masters Men V (ages 70+) - 15 km (actual distance of 14.74 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Walter Benz	DRXC	170	01:00:46.2	4:07	MASTERS MEN V
2	Norman Spinks	DRXC	195	01:27:24.8	5:55	MASTERS MEN V

Category #19 - Junior Women (ages 18-19) - 11 km (actual distance of 11.18 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Samantha Csisztu	Pembroke Nordic	201	00:41:35.0	3:43	JUNIOR WOMEN
2	Sophie Levasseur	Pembroke Nordic	203	00:41:47.0	3:44	JUNIOR WOMEN
3	Catherine Bell	Pembroke Nordic	202	00:47:07.9	4:12	JUNIOR WOMEN

Category #20 - Senior Women (ages 20-29) - 11 km (actual distance of 11.18 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Audrey Hagberg	DRXC	200	00:42:12.9	3:46	SENIOR WOMEN

Category #21 - Masters Women I (ages 30-39) - 11 km (actual distance of 11.18 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Leela Howitt-Audet	Chelsea Nordiq (QC)	215	00:51:06.7	4:34	MASTERSWOMEN I

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Category #22 - Masters Women II (ages 40-49) - 11 km (actual distance of 11.18 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Megan McTavish	XC Ottawa	196	00:38:44.2	3:27	MASTERSWOMENII
2	Andrea Strachan	Nakkertok Nordic (ON)	206	00:43:43.9	3:54	MASTERSWOMENII
3	Lisa Allan	Nakkertok Nordic (ON)	205	00:44:33.8	3:59	MASTERSWOMENII
4	Monika Stoeger	Ottawa Racers	198	00:45:08.8	4:02	MASTERSWOMENII
5	Marie-Josée Boucher	Pembroke Nordic	199	00:45:48.2	4:05	MASTERSWOMENII
6	Stephanie Haddad	Skinouk (QC)	204	00:45:57.3	4:06	MASTERSWOMENII
7	Emily Beedell	Nakkertok Nordic (ON)	208	00:46:52.1	4:11	MASTERSWOMENII
8	Stephanie Semeniuk	Nakkertok Nordic (ON)	209	00:51:10.4	4:34	MASTERSWOMENII
9	Catherine Verreault	Chelsea Nordiq (QC)	211	00:51:52.6	4:38	MASTERSWOMENII
10	Heather Pickersgill	Nakkertok Nordic (ON)	213	00:52:21.6	4:40	MASTERSWOMENII
11	Joanne Lennon	Nakkertok Nordic (ON)	214	00:53:03.7	4:44	MASTERSWOMENII
12	Patty Chevalier Samm	Chelsea Nordiq (QC)	210	00:53:26.8	4:46	MASTERSWOMENII
13	Elisa Murguly	Nakkertok Nordic (ON)	218	00:54:10.6	4:50	MASTERSWOMENII
14	Claudia Bereznai	Nakkertok Nordic (ON)	219	00:55:14.0	4:56	MASTERSWOMENII
15	Lesley Soper	Chelsea Nordiq (QC)	216	01:08:21.1	6:06	MASTERSWOMENII

Category #23 - Masters Women III (ages 50-59) - 11 km (actual distance of 11.18 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Sylvia Welke	Nakkertok Nordique (QC)	217	00:55:11.2	4:56	MASTERSWOMENIII

Category #24 - Masters Women IV (ages 60+) - 11 km (actual distance of 11.18 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Christa Ramonat	Ottawa Racers	197	00:43:01.9	3:50	MASTERSWOMENIV
2	Mary Lynn Benz	DRXC	212	00:57:54.7	5:10	MASTERSWOMENIV
3	Jean Cooper	(no club)	221	01:09:05.2	6:10	MASTERSWOMENIV

Category #25 - Open Event - 11 km (actual distance of 11.18 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Larry Norman	Nakkertok Nordic (ON)	244	00:47:22.2	4:14	OPEN
2	Ailsa Eyvindson	DRXC	242	00:53:17.4	4:45	OPEN
3	Ray Metcalfe	DRXC	243	00:53:17.5	4:46	OPEN
4	Elizabeth Renehan	DRXC	223	00:58:31.9	5:14	OPEN
5	Sharon Bell	PAXC	246	00:59:12.7	5:17	OPEN

Category #26 - Open Event - 7 km (actual distance of 7.23 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Justin Blimkie	(no club)	241	00:41:16.2	5:42	OPEN
2	John Cooper	(no club)	225	00:44:13.3	6:06	OPEN
3	Meggan Vickerd	DRXC	224	00:45:56.4	6:21	OPEN
4	Catherine Holden	Ajax Athletics	227	00:47:00.5	6:30	OPEN

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5	Kate Davison	DRXC	226	00:48:14.6	6:40	OPEN
6	Tom Holden	DRXC	228	00:50:15.5	6:57	OPEN

Category #27 - Open Event - 4.5 km (actual distance of 4.53 km used in pace calculation)

RANK	NAME	CLUB	BIB #	TIME (hh:mm:ss.s)	PACE (min/km)	CATEGORY
1	Dave Ross	DRXC	182	00:23:09.9	5:06	OPEN
2	Lesley Fantin	Chelsea Nordiq (QC)	245	00:26:32.5	5:51	OPEN

Category #28 – Participation Mass Start – 1.5 km
(not timed)

Category #29 – Skating Knock-Out – Pee Wee Boys (ages 10-11) – 400 m

Place	Name	Club
1	Mackenzie Samm	Chelsea Nordiq (QC)
2	William Beedell	Nakkertok Nordic (ON)
3	Oscar Brun del Re	Chelsea Nordiq (QC)

Category #30 – Skating Knock-Out – Pee Wee Girls (ages 10-11) – 400 m

Place	Name	Club
1	Alexia Gauthier	Skinouk (QC)
2	Mallory Jansen	Chelsea Nordiq (ON)
3	Caroline Haag	Skinouk (QC)

Category #31 – Skating Knock-Out – Midget Boys (ages 12-13) – 400 m

Place	Name	Club
1	Thomas Trudel	Chelsea Nordiq (ON)
2	Ry Prior	Chelsea Nordiq (QC)
3	Niklas Kolodziej	Chelsea Nordiq (QC)

Category #32 – Skating Knock-Out – Midget Girls (ages 12-13) – 400 m

Place	Name	Club
1	Julia Iwanowski	Chelsea Nordiq (QC)
2	Marisa Iwanowski	Chelsea Nordiq (QC)
3	Camilla Bowman	Nakkertok Nordic (ON)

Category #35 – Skating Knock-Out – Open Pursuit (ages 16+) – 400 m

Place	Name	Club
1	Daniel Mallett	XC Chelsea Masters
2	Jan-Philippe de Broeck	Skinouk (QC)
3	Gabriel Blouin-Demers	Chelsea Nordiq (QC)

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RACE OFFICIALS

STARTERS:	Karen Doherty, Tom Doherty, Joanne Konyk
FINISH LINE:	Michael Stephens, Kate Gu�erout, Gene Lemieux
MARSHALS:	Mike Milgram, Peter Brewster, Phil Davis, Claire Metcalfe, Yvette Plaice, Carol Robertson, Brian Burke, Allan Everatt, Kathy Hughes, Joan Kalechstein, Richard Nishimura, Andy Archer
ROAD CROSSINGS:	Rowley Kinghorn, Mike Wright, Bill Graham, Joseph Nowland, Lauren Kinghorn, Tyler Kinghorn, Craig Stuart (with tractor), Scott Brown, Craig Kinghorn, Bill Diamond, Meghan Diamond, Amy Festarini, Adrian Cecco
SKI SKATE KNOCKOUT:	Bob Donders, Lois Fitzpatrick, Kevin McDonald, Kate Gu�erout, Vern Koslosky, Martin Koslosky, Ian Bradley, Steve Hopkins, Amber Hopkins, Peter Brewster, Metin Yetisir, May Zhang, Daniel Fritzsche, Dominic Klukas
RADIO CLUB:	Bob Howard, Yvonne Adam, Ron Davis, Tony Hinds, Linda Robertson, Ean Robertson, Ken Jeffers, Ron Davis
REGISTRATION:	Anne Murphy
RECEPTION / BIBS:	Cheryl Rhodes, Barb Shreeve, Mira Anghel, Ann Serdula, Diane Wensel
TIMING CHIPS:	Vini Anghel, Katarina Anghel
GROOMING & TRAIL PREP:	David Steer, George Doubt, Aubrey Fletcher
TRAIL MARKING	Carol White, Joan Kalechstein, Diane Wensel, Peter Brewster
FORERUNNERS:	Nancy Elliot, John Elliot, Lois Fitzpatrick
SWEEP SKIERS:	From Ski Patrol: Glen Kyle, Marc Audet
SKI PATROL:	Steve McCauley, Myrna McCauley, Kathryn Chiasson, Ted Chiasson, Paul Chiasson, Marc Audet, Glen Kyle
SNOWMOBILERS:	George Doubt, Marc Audet
OTHER OFFICIALS or VOLUNTEERS:	Diane Davis, Annie Oesinghaus, Stuart Craig, Stephen Eyvindson, Helena Rummens, Tracy Gendron, Aubrey Fletcher

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SILVER SPOON ORGANIZING COMMITTEE

Chief of Race:	Helena Rummens
Race Secretary:	Anne Murphy
Chief of Course #1:	Stuart Craig
Chief of Course #2:	Stephen Eyvindson
Treasurer:	Mira Anghel
Awards Coordinator:	Annie Oesinghaus
Buffet Coordinator:	Diane Wensel
Volunteer Coordinator:	Diane Davis
Skate Event Coordinator:	Bob Donders

THANK-YOU

The Silver Spoon Organizing Committee wishes to express their sincere thanks to:

- All volunteer officials for their valuable, professional, and cheerful assistance.
- The trail groomers (David Steer, George Doubt, and Aubrey Fletcher) for their expertise and dedication in laying the race courses.
- Gearheads for their generous donation of all awards for the Skate event.
- The Deep River Golf Club for the use of the golf course.
- Local landowners for use of their land.
- The Renfrew County Catholic District School Board for use of St. Mary's school facilities.
- The caretaking staff at St Mary's School for their cheerful assistance.
- Mackenzie Community School Nordic Ski Team for their help with setup.
- The Town of Deep River Public Works for barricades, snow removal, and banner hanging.
- The Deep River Police Department for use of their megaphone.
- The Deep River XC Ski Club for their assistance and cooperation during preparations for the race.
- The Mount Martin Ski Patrol for looking after skiers' well-being.
- The Renfrew County Amateur Radio club for communications.
- John McKay and the Deep River Venturers for canteen services.
- The North Renfrew Times for photography and for publication of Silver Spoon articles.
- Bright Ideas Software (Liz Wichman) for updates to the Silver Spoon website.
- Mary Lynn Benz for the creation of the Silver Spoon prizes (custom-made plates).
- The Bears Den restaurant for donation of prize gift certificates.
- Sportstats for excellent service in timing and result posting.
- Jim Bourgeois from Algonquin Events for providing music and microphone.

Look for Silver Spoon information on our website:

<http://bright-ideas-software.com/silverspoon/RaceResults.html>

The Silver Spoon Committee hopes that all skiers enjoyed the Silver Spoon event! We look forward to seeing you **in 2019 for:**

the 47th Silver Spoon Ski Fest