

41st ANNUAL SILVER SPOON CLASSIC

2013 February 9
Deep River, Ontario

RACE RESULTS

MEN 15 km CHAMPIONS		WOMEN 12 km CHAMPIONS
MASTERS I - Olaf JENSEN MASTERS II - Tony BIERNACKI MASTERS III - Richard WEBER MASTERS IV - Walter BENZ		MASTERS I - Kristen BRIDGES MASTERS II - Kathleen MOTTERSHEAD MASTERS III - Christa RAMONAT MASTERS IV (6 km) – Diane DAVIS
LOCAL YOKEL Walter BENZ		LOCAL YOKEL Audrey HAGBERG
8 km OPEN Monika CAMERON		3.5 km OPEN Robin MCGARRY
SENIOR MEN 15 km Rob SAMULACK		SENIOR WOMEN Audrey HAGBERG
JUNIOR BOYS 12 km Mitchell SLOBODIAN		JUNIOR GIRLS 6 km Kiersten ALLER
JUVENILE BOYS 6 km Nicholas SCHUTE	SKATING KNOCKOUT SPRINT	JUVENILE GIRLS 6 km Alison POUW
MIDGET BOYS 3.5 km Pierre GRALL	13 & UNDER male: Nicholas MONCION-GROULX female: Talia HENNESSY	MIDGET GIRLS 3.5km Talia HENNESSY
PEEWEE BOYS 3.5 km Sander VAN WALRAVEN	18 & UNDER male: Mitchell SLOBODIAN female: Bjork EYVINDSON	PEEWEE GIRLS 3.5 km Carly LITTLE
ATOM BOYS 1.5 km Luke ALLAN	19 & OVER male: Andre-Yves BOISVERT female: Caroline FOREST	ATOM GIRLS 1.5 km Britt HALVORSEN
NOVICE BOYS 1.5 km Ethan BAGSHAW		NOVICE GIRLS 1.5 km Kaia THOMAS
MITES BOYS .5 km William BEEDELL		MITES GIRLS .5 km Izolde-Asia PRINGLE
10 km OPEN Stephen BURSEY		

HOLLO AWARD – Anne Thompson, Barbara Cheadle and Yoko Nishimura

EIKREM AWARD – Mira Anghel

WATSON AWARD – Monika Cameron

HINDS FAMILY AWARD – the Hopkins family

MEMORABLE MOMENTS AWARD - Alicia Berthiaume

RACE OFFICIALS

STARTERS:	Adam Doherty, Sam Doherty
FINISH LINE:	Ann Audette, Sam La Chance, Becky Bergeron
RADIO:	Dom Grosleau, Richard Bourcier, Norm Gentner, Rob Macfarlane, Alan Carmichael, Ron Davis, Bob Howard
RESULTS:	Sportstats
MARSHALS:	Clarence Hoffman, Duncan Barber, Claire Metcalfe, Richard Nishimura, Candice Graham, Peter Brewster, Michael Stephens, Wally Kalechstein, Allison Felix, Danielle Beaton, Carol Roberson, Brian Burke, Kaitlin Audet, Hardy Philippi, Alistair Miller, Denise Hamel, Jinty Smith, Alan Archer
ROAD CROSSINGS:	#1: Bill Diamond, Charles Kitmer and Jim Walker. #2: Rowley Kinghorn, Bob Jardine, Patti Kinghorn, M. Koslosky, Mike Wright, Tyler White.
RECEPTION / BIBS:	Barb Cheadle, Diane Wensel, Cheryl Rhodes, Rebecca Nishimura
LATE REGISTRATION:	Ann Serdula, Liz Wichman
CHIP DISTRIBUTION:	Mira Anghel, Rona Cleland
REFRESHMENTS:	John. McKay and Deep River Venturers
TIME RECORDER:	Joanne Konyk
GROOMING & TRAIL PREP:	Bob Donders, George Doubt, Barrie Greiner, Wally Kalechstein, Glen Lyons, Dave Steer,.
FORERUNNERS:	Friday: Carol White, Joan Kalechstein, Phil Davis Saturday: Greg Mark, Phil Davis
SKI PATROL:	Steve and Myrna McCauley
SWEEP SKIERS:	Dave Lee, Carol White
SKI SKATE KNOCKOUT:	Chris McCready, Greg Mark, , Aubrey Fletcher, Marc He, Catherine McKenna, Patsy Herman, Kaitlin Audet, Conor McKenna will film
TRAIL MARKING	D. Wensel, C. White, J. Kalechstein, L. Fitzpatrick
SNOWMOBILE:	George Doubt, Marc Audet

SILVER SPOON ORGANIZING COMMITTEE

Chief of Race	Kirstie Smith
Race Secretary	Liz Wichman
Treasurer	Lois Fitzpatrick
Refreshments	John McKay & Deep River Venturers
Awards	Suzette Fletcher
Publicity	Erica Ogilvie
Buffet	Diane Wensel
Chief of Course	Rob DeAbreau
Volunteer coordinator	Diane Davis
Grooming	Barrie Greiner, Ross Meadowcroft, G.Doubt

RACE CONDITIONS

Weather	Sunny
Temperature	-23.2C to -6C

**41st Annual Silver Spoon Classic Cross-Country Ski-Fest
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Category #3 - Mites Boys Results - 0.5 km

Place	Time	Pace	Bib	Name	City	Club
1	3:07.7	6:16	31	BEEDELL, William	Ottawa	Nakkertok
2	4:57.1	9:55	32	FORGE, Loic	Gatineau	Skinouk
3	5:47.2	11:35	33	HOPKINS, Cameron	Chalk River	DRXC
4	5:57.2	11:40	34	SMITH, Jack	Deep River	DRXC
4	9:54.6	19:50	37	LAMURE, Raymi	Deep River	
5	14:18.2	28:37	36	JUDD, William	Westampton	

Category #3 - Mites Girls Results - 0.5 km

Place	Time	Pace	Bib	Name	City	Club
1	5:25.4	10:51	39	PRINGLE, Izolde-Asia	Deep River	DRXC
2	6:03.3	12:07	40	SCHIMPKY, Clara	Ottawa	Nakkertok
3	6:04.7	12:10	41	TAYLOR, Ava	Ottawa	
4	7:44.5	15:29	42	THOMAS, Brigit	Ottawa	Nakkertok

Category #2 - Novice Boys Results - 1.5 km

Place	Time	Pace	Bib	Name	City	Club
1	13:14.8	8:50	24	BAGSHAW, Ethan	Deep River	DRXC
2	14:19.1	9:33	26	DADHIALA, Jay	Deep River	DRXC
3	23:11.3	15:28	28	MCGREGOR, Jacob	Deep River	DRXC

Category #2 - Novice Girls Results - 1.5 km

Place	Time	Pace	Bib	Name	City	Club
1	12:06.4	8:05	22	THOMAS, Kaia	Ottawa	Nakkertok
2	12:54.0	8:36	23	BEEDELL, Anna	Ottawa	Nakkertok
3	16:35.8	11:04	27	MCGREGOR, Eryn	Deep River	
4	24:45.5	16:31	29	Evie MCGARRY	Ottawa	

**41st Annual Silver Spoon Classic Cross-Country Ski-Fest
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Deep River, Ontario**

Category #1 - Atom Boys Results - 1.5 km

Place	Time	Pace	Bib	Name	City	Club
1	7:58.8	5:2	1	ALLAN, Luke	Ottawa	Nakkertok
2	8:03.3	5:23	8	RANGER, Dominique	Ottawa	Skinouk
3	8:24.0	5:36	10	WESTDAL, Patrick	Ottawa	Nakkertok
4	8:32.1	5:42	9	SHAPANSKY, Eli	Ottawa	Nakkertok
5	8:56.4	5:58	3	CINO, Sebastian	Ottawa	Nakkertok
6	9:28.9	6:20	4	HORNUNG, Jeremy	Ottawa	Nakkertok
7	10:03.0	6:42	5	JENSEN, Ivan	Chelsea	Chelsea Nordiq
8	10:13.5	6:49	7	PLESTID, Sam	Ottawa	Nakkertok
9	10:34.2	7:03	6	JOHNSTON, Elrik	Gatineau	Skinouk
10	11:56.2	7:58	2	BAGSHAW, Rowan	Deep River	DRXC/PAXC
11	13:54.6	9:17	11	WIERSMA, Orion	Chalk River	

Category #1 - Atom Girls Results - 1.5 km

Place	Time	Pace	Bib	Name	City	Club
1	7:38.4	5:06	16	HALVORSEN, Britt	Chelsea	Nakkertok
2	8:14.4	5:30	21	WILLIAMS, Mallory	Cantley	Nakkertok
3	8:51.6	5:55	18	SKERRETT, Lea	Ottawa	Nakkertok
4	9:01.1	6:01	212	CSISZTU, Samantha		
5	9:31.4	6:21	15	DAOUST, Anne-Marie	Gatineau	Skinouk
6	9:58.3	6:39	19	SPROULE, Chloe	Ottawa	Nakkertok
7	10:12.5	6:49	20	THOMAS, Lilli	Ottawa	Nakkertok
8	10:37.3	7:05	14	COCHEN, Elena	Ottawa	Nakkertok
9	10:47.0	7:12	12	BIERNACKI, Clara	Pembroke	PAXC
10	11:30.5	7:41	13	CHIASSEON, Alison	Deep River	DRXC
11	11:55.9	7:58	17	HOPKINS, Jamie	Chalk River	DRXC

Category #4 - Midget Boys Results - 3.5 km

Place	Time	Pace	Bib	Name	City	Club
1	17:09.3	4:55	44	GRALL, Pierre	Ottawa	Nakkertok
2	17:46.9	5:05	46	HARRIS, Teagan	Ottawa	Nakkertok
3	18:24.2	5:16	49	MONCION-GROULX, Nicolas	Gatineau	Nakkertok
4	18:25.9	5:16	48	LINDFORS, John	Gatineau	Nakkertok
5	19:12.4	5:30	45	GUEROUT, Max	Deep River	DRXC
6	20:12.6	5:47	50	NORMAN, Matthew	Ottawa	Nakkertok
7	20:38.1	5:54	211	CSISZTU, Thomas	Pembroke	

**41st Annual Silver Spoon Classic Cross-Country Ski-Fest
2013 February 9
Deep River, Ontario**

Category #5 - Midget Girls Results - 3.5 km

Place	Time	Pace	Bib	Name	City	Club
1	17:01.2	4:52	54	HENNESSY, Talia	Chelsea	Nakkertok
2	17:19.3	4:57	53	HALVORSEN, Tove	Chelsea	Nakkertok
3	18:40.6	5:21	61	WILLIAMS, Bronwyn	Cantley	Nakkertok
4	18:55.4	5:25	62	YOUNG, Kailey	Ottawa	Nakkertok
5	19:15.6	5:31	59	SEGUIN, Maela	Pembroke	PAXC
6	19:48.8	5:40	58	SCHUTE, Fiona	Ottawa	Nakkertok
7	21:26.9	6:08	55	IDEIAS, Sophie	Ottawa	Nakkertok
8	22:57.7	6:34	52	GIRARD, Stephanie	Gatineau	Skinouk
9	23:08.6	6:37	60	VAN D WESTHUIZEN, Jana	Chelsea	Chelsea Nordiq
10	23:12.5	6:38	57	RANAHAN, Chloe	Ottawa	Nakkertok
11	25:25.7	7:16	56	LITTLE, Tiana	Chelsea	Chelsea Nordiq

Category #6 - Pee Wee Boys Results - 3.5 km

Place	Time	Pace	Bib	Name	City	Club
1	17:45.1	5:05	84	VAN WALRAVEN, Sander	Ottawa	Nakkertok
2	18:14.6	5:13	71	HALVORSEN, Mats	Chelsea	Nakkertok
3	18:45.5	5:22	85	VIALARET, Damien	Ottawa	
4	19:52.4	5:41	77	MILLEY, Ben	Ottawa	Nakkertok
5	19:53.8	5:42	80	POUW, Cameron	Ottawa	Nakkertok
6	20:10.0	5:46	74	LACROIX, Alex	Gatineau	Skinouk
7	20:11.6	5:47	63	ALLAN, Tyler	Ottawa	Nakkertok
8	20:29.5	5:52	86	WESTDAL, Aidan	Ottawa	Nakkertok
9	20:36.3	5:54	83	SAUNDERS, Carter	Ottawa	Nakkertok
10	21:50.8	6:15	64	BERUBE, William	Gatineau	Nakkertok
11	22:06.0	6:19	75	LYON, Sam	Ottawa	Nakkertok
12	22:27.6	6:26	81	RANGER, Antoine	Ottawa	Skinouk
13	22:44.6	6:30	69	GUEROUT, Raphael	Deep River	DRXC
14	22:44.6	6:30	72	JACOBSON, Conor	Ottawa	Nakkertok
15	22:50.8	6:32	79	PELCHAT, Guillaume	Pembroke	PAXC
16	23:24.1	6:42	65	CHAPUT, Eric	Ottawa	Skinouk
17	26:08.1	7:29	67	FORGE, Pierrick	Gatineau	Skinouk
18	26:41.5	7:38	68	FORTIER, Laurent	Gatineau	Skinouk
19	26:51.6	7:41	73	JACOBSON, Willem	Ottawa	Nakkertok
20	27:53.6	7:59	76	MCGRAW, Hugo	Val des monts	Skinouk

**41st Annual Silver Spoon Classic Cross-Country Ski-Fest
2013 February 9
Deep River, Ontario**

Category #7 - Pee Wee Girls Results - 3.5 km

Place	Time	Pace	Bib	Name	City	Club
1	19:28.9	5:34	97	LITTLE, Carly	Chelsea	Chelsea Nordiq
2	20:47.0	5:57	100	SHAPANSKY, Teagan	Ottawa	Nakkertok
3	21:51.8	6:15	94	JENSEN, Sophia	Chelsea	Chelsea Nordiq
4	22:30.3	6:26	89	DAOUST, Magalie	Gatineau	Skinouk
5	22:51.4	6:32	102	STOWE, Caitlyn	Almonte	Nakkertok
6	23:03.0	6:36	93	HORNUNG, Rachel	Ottawa	Nakkertok
7	23:33.9	6:44	103	VANDERWESTHUIZEN, Nicola	Chelsea	Chelsea Nordiq
8	25:16.0	7:14	104	VERREAULT, Marie-Pier	Gatineau	Skinouk
9	25:32.3	7:18	101	SPROULE, Alexandra	Ottawa	Nakkertok
10	25:39.2	7:20	218	BIRD, Melia	Chelsea	Chelsea Nordiq
11	25:50.8	7:24	99	NORMAN, Mary Kate	Ottawa	Nakkertok
12	26:16.4	7:31	90	GIRARD, Catherine	Gatineau	Skinouk
13	27:15.0	7:48	95	JOHNSTON, Keliane	Gatineau	Skinouk
14	27:18.0	7:48	87	BEEDELL, Jillian	Ottawa	Nakkertok
15	27:32.4	7:53	96	LEVASSEUR, Sophie	Pembroke	PAXC
16	28:25.2	8:08	98	MCINNES, Kesha	Ottawa	Nakkertok
17	33:29.8	9:35	88	DADHIALA, Jiya	Deep River	DRXC
18	36:34.0	10:27	92	HOPKINS, Amber	Chalk River	DRXC

Category #8 - Juvenile Boys Results - 6 km

Place	Time	Pace	Bib	Name	City	Club
1	25:28.2	4:15	109	SCHUTE, Nicholas	Ottawa	Nakkertok
2	27:03.4	4:31	106	NORMAN, Reid	Ottawa	Nakkertok
3	27:29.6	4:35	105	LYON, Dawson J	Ottawa	Nakkertok
4	30:00.4	5:01	108	SCHROEDER, Samuel	Petawawa	PAXC

Category #9 - Juvenile Girls Results - 6 km

Place	Time	Pace	Bib	Name	City	Club
1	28:38.1	4:47	112	POUW, Alison	Ottawa	Nakkertok
2	28:39.4	4:47	113	SMITH, Hanna	Ottawa	Nakkertok
3	32:41.1	5:27	110	ALLER, Pyper	Ottawa	Nakkertok
4	39:47.7	6:38	111	HARRIS RANGER, Emmanuelle	Ottawa	Skinouk

**41st Annual Silver Spoon Classic Cross-Country Ski-Fest
2013 February 9
Deep River, Ontario**

Category #10 - Junior Girls Results - 6 km

Place	Time	Pace	Bib	Name	City	Club
1	27:00.4	4:31	114	ALLER, Kiersten	Ottawa	Nakkertok
2	33:09.5	5:32	115	GUEROUT, Audrey	Deep River	DRXC

Category #11 - Junior Boys Results - 12 km

Place	Time	Pace	Bib	Name	City	Club
1	49:39.2	4:09	116	SLOBODIAN, Mitchell	Stittsville	Nakkertok

Category #12 - Junior Men Results - 15 km

Place	Time	Pace	Bib	Name	City	Club
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Category #18 - Junior Women Results - 12 km

Place	Time	Pace	Bib	Name	City	Club
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Category #13 - Senior Men Results - 15 km

Place	Time	Pace	Bib	Name	City	Club
1	1:00:24.0	4:02	119	SAMULACK, Rob	Ottawa	XC Chelsea Masters
2	1:09:59.3	4:40	117	KOSLOWSKY, Martin	Deep River	
3	1:29:12.2	5:57	118	MYERS, Benjamin	Ottawa	

Category #19 - Senior Women Results - 12 km

Place	Time	Pace	Bib	Name	City	Club
1	51:34.2	4:18	154	HAGBERG, Audrey	Deep River	DRXC
2	1:25:50.4	7:10	153	BURNS, Cailinn	Ottawa	XC Chelsea Masters
3	1:33:52.2	7:50	155	PETERS SAMULACK, Rachel	Ottawa	XC Chelsea Masters

**41st Annual Silver Spoon Classic Cross-Country Ski-Fest
2013 February 9
Deep River, Ontario**

Category #14 - Masters Men I Results - 15 km

Place	Time	Pace	Bib	Name	City	Club
1	59:19.3	3:58	120	JENSEN, Olaf	Chelsea	Chelsea Nordiq
2	2:15:03.8	9:01	121	WIERSMA, Rob	Chalk River	

Category #15 - Masters Men II Results - 15 km

Place	Time	Pace	Bib	Name	City	Club
1	52:31.6	3:31	124	BIERNACKI, Tony	Pembroke	PAXC
2	56:47.5	3:48	128	KULAS, Mark	Pembroke	PAXC
3	57:20.5	3:50	123	BERUBE, Gilles	Gatineau	Nakkertok
4	57:29.6	3:50	137	VIALARET, Christophe	Ottawa	
5	58:56.0	3:56	131	PLESTID, Trevor	Ottawa	Nakkertok
6	59:28.5	3:58	138	WESTDAL, John	Ottawa	Nakkertok
7	1:01:42.3	4:07	129	LACROIX, Gaetan	Gatineau	Skinouk
8	1:10:17.8	4:42	125	FLETCHER, Aubrey	Deep River	DRXC/PACX
9	1:10:57.2	4:44	134	SLOBODIAN, Joey	Stittsville	Nakkertok
10	1:11:48.0	4:48	122	ALLAN, Dave	Ottawa	Nakkertok
11	1:12:06.9	4:49	126	GUEROUT, Fabrice	Deep River	DRXC
12	1:13:19.7	4:54	127	JOHANSSON, Mikael	Petawawa	PAXC
13	1:14:27.5	4:58	133	SHAPANSKY, Brad	Ottawa	Nakkertok
14	1:20:32.0	5:23	135	STOWE, Doug	Almonte	
15	1:33:46.1	6:16	132	SERDULA, Jay	Kingston	Kingston

Category #16 - Masters Men III Results - 15 km

Place	Time	Pace	Bib	Name	City	Club
1	52:27.2	3:30	143	WEBER, Richard	Alcove	Nakkertok
2	54:12.6	3:37	145	ALLER, Bryan	Ottawa	Nakkertok
3	59:15.0	3:57	139	GIRARD, Yves	Gatineau	xzone
4	1:00:12.3	4:01	144	PELLA, Chris	Ottawa	Nakkertok
5	1:04:02.3	4:17	140	YOUNG, James	Ottawa	Nakkertok
6	1:09:44.0	4:39	141	YETISIR, Metin	Deep River	
7	1:12:57.4	4:52	148	ROSS, David	Deep River	DRXC/PAXC
8	1:14:30.4	4:59	147	SMITH, Bruce	Deep River	DRXC
9	1:35:55.0	6:24	146	SAMULACK, Bill	Kanata	Kanata Nordic

**41st Annual Silver Spoon Classic Cross-Country Ski-Fest
2013 February 9
Deep River, Ontario**

Category #17 - Masters Men IV Results - 15 km

Place	Time	Pace	Bib	Name	City	Club
1	1:03:56.6	4:16	150	BENZ, Walter	Deep River	DRXC/PAXC
2	1:13:33.0	4:55	149	HEINMILLER, Bruce	Deep River	DRXC
3	1:16:06.8	5:05	151	METCALFE, Raymond	Deep River	DRXC
4	1:17:15.1	5:09	152	SPINKS, Norman	Deep River	DRXC

Category #20 - Masters Women I Results - 12 km

Place	Time	Pace	Bib	Name	City	Club
1	54:22.3	4:32	156	BRIDGES, Kristen	Pembroke	PAXC

Category #21 - Masters Women II Results - 12 km

Place	Time	Pace	Bib	Name	City	Club
1	58:33.1	4:53	158	MOTTERSHEAD, Kathleen	Pembroke	PAXC
2	1:09:09.2	5:46	161	COTE, Chantal	Gatineau	Skinouk
3	1:10:52.5	5:55	157	THOMAS, Pia	Ottawa	Nakkertok
4	1:10:59.6	5:55	159	PREVOST, Manon	Ottawa	Skinouk
5	1:16:40.0	6:24	160	Denise TOWNSHEND	Petawawa	

Category #22 - Masters Women III Results - 12 km

Place	Time	Pace	Bib	Name	City	Club
1	53:40.9	4:29	167	RAMONAT, Christa	Ottawa	Ottawa Racers
2	56:02.4	4:41	164	JOHNSON-GRALL, Carolyn	Ottawa	Nakkertok
3	1:01:46.6	5:09	169	BENZ, Mary Lynn	Deep River	DRXC/PAXC
4	1:06:32.1	5:33	165	MONCION, Jocelyne	Gatineau	Nakkertok
5	1:15:38.3	6:19	166	POULIN, Lucie	Gatineau	Skinouk
6	1:22:15.8	6:52	170	COOPER, Jean	Ottawa	
7	1:23:11.0	6:56	168	KALECHSTEIN, Joan	Deep River	DRXC

Category #24 - Masters Women IV Results - 6 km

Place	Time	Pace	Bib	Name	City	Club
1	43:59.7	7:20	177	DAVIS, Diane	Deep River	DRXC
2	49:49.5	8:19	178	MILLER, Margaret	Deep River	DRXC

**41st Annual Silver Spoon Classic Cross-Country Ski-Fest
2013 February 9
Deep River, Ontario**

Category #23 - Open Event Results - 10 km

Place	Time	Pace	Bib	Name	City	Club
1	46:29.7	4:39	221	BURSEY, Stephen		
2	50:50.5	5:06	220	REES, Stephanie		
3	52:48.4	5:17	216	COOPER, Mike		
4	53:31.5	5:22	219	BERTHIAUME, Alicia		
5	1:01:59.0	6:12	173	HAGBERG, Erik	Deep River	DRXC
6	1:02:51.4	6:18	172	COLINS, Karen	Deep River	DRXC
7	1:04:00.4	6:25	171	LIVINGSTONE, Steve	Deep River	DRXC
8	1:05:25.5	6:33	175	POTHIER, Norm	Deep River	DRXC
9	1:10:02.3	7:01	174	COOPER, John	Ottawa	
10	1:11:07.3	7:07	213	MOONEY, Ellen		
11	1:29:16.1	8:56	176	BANCROFT, Al	Deep River	

Category #25 - Open Event Results - 8 km

Place	Time	Pace	Bib	Name	City	Club
1	44:16.0	5:32	182	CAMERON, Monika	Deep River	
2	46:53.7	5:52	186	THIRIET, Olivier	Deep River	DRXC
3	52:22.4	6:33	184	HOSBONS, John	Deep River	DRXC
4	53:34.9	6:42	179	CALDWELL, Brandon	Deep River	
5	1:10:57.2	8:53	181	VICKERD, Meggan	Deep River	

Category #26 - Open Event Results - 3.5 km

Place	Time	Pace	Bib	Name	City	Club
1	28:50.4	8:15	189	MCGARRY, Robin	Ottawa	
2	30:28.7	8:43	188	CHESTER, Philip	Deep River	DRXC
3	30:51.4	8:49	190	MCGARRY, Michelle	Ottawa	
4	31:08.1	8:54	192	HINDS, Tony	Deep River	DRXC
5	42:51.4	12:15	191	HILBORN, John	Deep River	DRXC

**THE SILVER SPOON ORGANIZING COMMITTEE
WISHES TO EXPRESS SINCERE THANKS TO:**

- All volunteer officials for their invaluable, professional and cheerful assistance.
- The Deep River Golf Club for the use of the golf course.
- The Renfrew County Catholic District School Board for use of St. Mary's school facilities.
- Pierre Beaupré and the caretaking staff at St Mary's School for their cheerful assistance.
- The Town of Deep River Public Works Department and Murray Mitchel for barricades and snow removal.
- Deep River Recreation Department for use of the loudspeakers.
- The Deep River Police Department for the use of their megaphone.
- Deep River Fire Department for loan of a pair of fluorescent vests.
- Fabrice, Audrey, Max, and Raphael Guerout for help with trail clearing in the fall on the golf course portions of the course.
- Allan Bakewell for help with the set up the start and finish standards and barriers the night before the race.
- Mary Greiner for late-night supervision of trail prep. crew.
- The Renfrew County Amateur Radio club for communications.
- The North Renfrew Times for publication of Silver Spoon articles.
- Bright Ideas Software, for graphic arts and the creation and maintenance of Silver Spoon Web page.
- Local landowners for use of their land.
- The Bank of Montreal, the Bear's Den and Gearheads for their generous donations for awards.
- Canadian Tire for their donation of handwarmers for the volunteer marshalls.
- The Deep River XC Ski Club for their assistance and cooperation during preparations for the race.
- Bob Wiley for the creation of the Silver Spoon prizes.
- Victoria Cleary, Athletic Therapist, of VC Athletic Therapy and Bracing of Petawawa.
- MCS Nordic Ski Team for their help with table setup.

LOOK FOR SILVER SPOON AND SKI ORIENTEERING ENTRY FORMS, START SHEETS AND RESULTS ON OUR WEB PAGE:

www.silverspoonskifest.com

The Silver Spoon Committee hopes that all skiers enjoyed the Silver Spoon Event and we look forward to seeing you back next year for:

THE 42nd Silver Spoon